

# The gnuus

Gwinnett News for Unitarian Universalists

November 2018 newsletter for UUCG



"When Gratitude becomes your default setting, life changes."

— Nancy Leigh DeMoss

"What we see depends mainly on what we look for." —John Lubbock

## Sundays at UUCG

10:00am Faith Development

11:00am Worship Service

November Theme: Gratitude

November 4

### Is Gratitude at Our Center?

Reverend Taddeo, Service Leader  
Daniel Bailey, Worship Associate

### Holiday Artisan Fair after Service

November 11

### Practicing Gratitude

Reverend Taddeo, Service Leader  
Sherree Bailey, Worship Associate

### Town Hall Meeting after Service

November 18

### Circles of Gratitude

Reverend Taddeo, Service Leader  
Miriam Patrick, Worship Associate

### Pot-luck Luncheon, UU 101, 102

November 25

### Pass the Horn

Daniel Bailey, Service Leader  
Sherree Bailey, Service Leader

December 2

### Looking Inward, Radiating Peace

Reverend Taddeo, Service Leader  
Miriam Patrick, Worship Associate

Plate contributions are shared equally with IRC,  
International Rescue Committee



Assisted Listening Devices  
Available

Wheelchair Accessible



**SAGE**  
Seniors Aging with Grace and Enthusiasm

Group outing  
To Hard Labor  
Creek State Park  
November 10  
9am-3pm

Meet at UUCG  
to Carpool  
Contact

Maryjane Stout or  
[sage@uucg.org](mailto:sage@uucg.org)  
for more info

### Climate Change Refugees

A Talk by Ted Terry, Mayor of Clarkston  
and Director of GA Sierra Club

November 16 at 7pm



Hosted by the Social Justice Council

### UUCG Thanksgiving Potluck

November 22 at 5pm

Building open at 11am for cooking, set up,  
& crafty time making Sistruns and Rattles



Vegan and Vegetarian  
options available  
Bring your family  
and friends and  
your favorite dish!

### CUUPS Yule Party

December 1 from 5pm-10pm



Feasting, Pagan gift exchange game,  
music, and more. Bring your friends!

### GUST

November 11 7-9pm

### Who is this Jesus Person Anyway?

Discuss the man  
behind the myth  
and separate fact  
from fiction. For more info,  
Contact Dylan at [GUST@uucg.org](mailto:GUST@uucg.org)



### UU 101 and UU 102

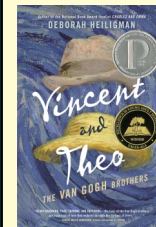
November 18  
12:30pm



UU 101: Visitor  
Orientation in Library

UU 102: Path to  
Membership Class  
in Pastor's Parlor

### Book Club



Wednesday,  
November 28  
7:00 pm

In the Library  
All are welcome!

### Spring Covenant Groups begin in January

1<sup>st</sup> & 3<sup>rd</sup> Mondays 7-9pm

1<sup>st</sup> & 3<sup>rd</sup> OR 2<sup>nd</sup> & 4<sup>th</sup>  
Wednesdays 7-9pm

2<sup>nd</sup> & 4<sup>th</sup> Thursdays 10am-12pm

<https://form.jotform.com/Syun/registration>



Visit [www.uucg.org](http://www.uucg.org) & select "Calendar of Events" for details  
Send your news to Announcements at [uucg.org](http://uucg.org) by noon on Tuesdays.



Unitarian Universalist Congregation of Gwinnett

12 Bethesda Church Road

Lawrenceville, Georgia 30044

770-717-7913 • [www.uucg.org](http://www.uucg.org)

Visit [www.uucg.org](http://www.uucg.org) and select "Register for Events"



We are becoming a radically welcoming sanctuary in a green space.  
We foster spiritual growth as we joyfully nurture connections  
and community within our wall and beyond.

## Stewardship

### Funding Our Vision

- **Annual Pledge.** Our shared ministry is funded by the generous gifts of members and friends. Gifts of 2% or more of net income helps UUCG in becoming a strong and vital faith community.
- **Birthday Club.** Give a dollar for every year you're celebrating on your birthday to grow our Endowment Fund. Write "Birthday Club" on the memo line.
- **Amazon.** Visit [www.uucg.org](http://www.uucg.org) and click on the Amazon link at the bottom. UUCG will receive 4% or more of your purchase.
- **Kroger Rewards.** Visit [www.KrogerCommunityRewards.com](http://www.KrogerCommunityRewards.com) to register your Kroger Plus Card. You keep all your points & Kroger gives to UUCG based on your purchases. Select "My Account" to login and add UUCG (NV919).
- **Planet Green Recycle.** Place unwanted or used electronics in the bin in the Lounge for UUCG to submit for funds: inkjet cartridges, laser/toner cartridges, cell phones/pagers & accessories, GPS & radar detectors, mobile hot spots, calculators, eBook readers, iPods/MP3 players, digital/video cameras, PDAs, iPads/tablets, video game consoles & handhelds, video games & accessories.
- **Blue Boat Bargains.** Visit our store on e-Bay or make a donation to UUCG when you shop on e-Bay or donate items for UUCG to sell on e-Bay.
- **UUCG Sales.** Contributions for Fair trade coffee, chocolate, and cocoa at the Equal Exchange cabinet, books and jewelry and other items from our Bookstore, artwork from the gallery, and CDs from the Tech Team all benefit the UUCG operating budget.

# Faith in Action...Living Our Values

## Yarns from the Heart Care Shawl Ministry, 1st & 3rd Wednesdays at 10:00am



Knitters, crocheters, quilters and other fiber artists gather to create prayer shawls, lap blankets, baby blankets, hats, scarves, and other gifts for members, friends, and the wider community. Join us! Contact us at [yarnsfromtheheart@uucg.org](mailto:yarnsfromtheheart@uucg.org).



**The Racial Equity Organizing Team** is seeking more people to support our work in becoming a more radically welcoming congregation for people of color, indigenous peoples, and people of all ethnicities. We host workshops, movies, and book discussions, and encourage participation in local interfaith events that promote racial equity. Contact Reverend Taddeo at [revtaddeo@uucg.org](mailto:revtaddeo@uucg.org).



**The Green Team:** The Unitarian Universalist Congregation of Gwinnett has established a Green Team in order to help our congregation live more fully into our shared UU commitment to affirm and promote "respect for the interdependent web of all existence of which we are a part." We enter this work joyfully and with hope as we seek to model an ethic of care for our shared planet and all its inhabitants. Contact us at [GreenTeam@uucg.org](mailto:GreenTeam@uucg.org).



**The Social Justice Council** works on a range of issues, including immigrant rights, rights for the LGBT community, and environmental justice & awareness. The UUCG Social Justice council is open to all! Join us after the service on 1st Sundays as we plan internal education, build partnerships, have guest speakers, and provide active witness. We also laugh and have lots of fun together! Join us for a talk on Climate Refugees November 16. Contact us at [SocialJustice@uucg.org](mailto:SocialJustice@uucg.org).

## More Opportunities to Serve and Engage with UUCG

**Worship Associates:** A Worship Associate is a member of our congregation who works closely with Reverend Taddeo for at least two years as part of a team that assists with creating worship services that touch our hearts, challenge our minds, and lift our spirits.

Contact [WorshipAssociates@uucg.org](mailto:WorshipAssociates@uucg.org) if interested or apply at <https://form.jotform.com/Syun/worshipassociateapplication>

**Pastoral Care Associates:** The mission of the UUCG Pastoral Care Associates is to offer confidential spiritual and emotional support to congregational members and friends through life transitions, losses, and chronic conditions. Pastoral Care Associates receive training in listening skills, grief processes, and the theology of pastoral care in a Unitarian Universalist context.

Associates are asked to serve for a minimum of two years and not more than four years. Strict confidentiality and discretion are required of all Pastoral Care Associates.

Contact [Pastoralcare@uucg.org](mailto:Pastoralcare@uucg.org) if interested.

**Child Care Volunteers:** We are building a list of people willing to volunteer with our Child Care Staff for congregational events that take place weeknights and weekends, as well as volunteers for Sunday morning. We try to match volunteers with events that they typically wouldn't attend so the parents who attend those events can fully participate. Contact Sharon Yun at [syun@uucg.org](mailto:syun@uucg.org).

**Out and About:** Would you like to be part of a committee that plans group activities for our church community to participate in together? Contact [admin@uucg.org](mailto:admin@uucg.org) for more information.

**Faith Development:** Opportunities are available for involvement with the Early Elementary and Tween program teams, and to facilitate Adult RE programs (including book discussions). We invite you to share your gifts by teaching and learning with us!

Interested? Intrigued? Have questions? Contact [Christiana McQuain](mailto:ChristianaMcQuain@uucg.org)

or visit [www.uucg.org/share-your-gifts](http://www.uucg.org/share-your-gifts) to learn more.

# Fostering Spiritual Growth...

## November Theme: Gratitude



### Worship Services, Sundays at 11:00 am

Our services are led by our minister, the Reverend Jan Taddeo, and our inspiring team of Service Leaders and Worship Associates. This is our sacred time to gather in our cherished space to recall our true selves, reflect on the meaning of our lives, and explore questions of ultimacy together. All ages are welcome in our worship services, and child care is available for the youngest if desired. There is an early elementary program at 11:15 for children ages 5 to 7. Children 8 and over are encouraged to be with their parents in the service.

You may contact Reverend Jan Taddeo at [RevTaddeo@uucg.org](mailto:RevTaddeo@uucg.org).

### November 4 *Is Gratitude at Our Center?* Reverend Taddeo, Service Leader

At the UUA 2009 General Assembly, the Rev. Galen Guengerich led a workshop series on *A Theology for a Secular Age* in which he made the case that gratitude is (or ought to be) the center of our UU faith. Let's explore this idea together! Guest At Your Table boxes will be distributed.

### November 11 *Practicing Gratitude* Reverend Taddeo, Service Leader

In addition to saying, "Thank you!" or sending a card, there are many ways of expressing gratitude. We'll explore many gratitude practices, and the deep joy that can be ours through such practices.

### November 18 *Circles of Gratitude* Reverend Taddeo, Service Leader

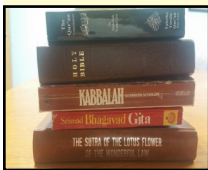
Gratitude can begin in one's own heart and radiate through many circles of connection. We will share in Thanksgiving Bread Communion (with gluten free options) and Stone Soup rituals. Please bring fresh vegetables for the Stone Soup.

### November 25 *Pass the Horn* Daniel Bailey and Sherree Bailey, Service Leaders

Raising the horn of plenty, we will explore how to practice Gratitude even when it is difficult. We will hear from congregants about what they are grateful for. Speak with Daniel or Sheree if you would like to offer a reflection.

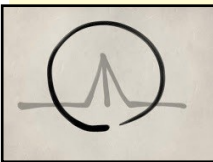
### December 2 *Looking Inward, Radiating Peace* Reverend Taddeo, Service Leader

An anonymous quote (often attributed to Chinese philosopher Lao-Tse) begins, "If there is to be peace in the world..." and ends "... there must be peace in the heart." In this service we explore wisdom from ancient and modern teachers as to how we might radiate peace in our heart, and beyond.



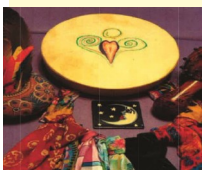
### Belief Exploration: November 11 after Town Hall Meeting

The seekers group has evolved into **Belief Exploration**, a group of Unitarian Universalists and others who are interested in exploring the sources of world faith traditions. We have no prescribed theology and honor each person's spiritual path toward enlightenment and reason. The focus of this group will continue to evolve over the course of the program year. We invite you to join us if you have an interest in theological writings and would like to learn and share your views in an open, accepting environment. We meet after the worship service on the second Sunday of each month in the Laboratory. Do you have questions or want more information? Contact Carol Richardson.



### Two Hands Sangha, Sundays at 6:00 pm

The Two Hands Sangha Mindfulness and Meditation Community invites members and friends of UUCG to its Sunday evening meditation practice. Love offerings are appreciated, but not required. Visit [www.twohandssangha.org](http://www.twohandssangha.org).



### The New Moon Women's Circle, November 30 at 6:30 pm

We meet monthly on the Friday closest to the New Moon. Open to cis and trans women and nonbinary people who are comfortable in a space focused on the divine feminine. The purpose of this group is to celebrate the divine feminine and join our energy for the healing of self, family, community and earth. Email [admin@uucg.org](mailto:admin@uucg.org) if you are interested

## MEMBER SPOTLIGHT

Jen Garrison was awarded the GTCC Spirit Award for 2018 for her service over the last three years. She has helped with hospitality for the multi cultural club and participated in Gwinnett Days of Service. One of the projects was Positively Me, where she put positive notes on cards and put them on flowers and passed them out to students. She helped create care packages for Stop Hunger Now. She also leads the Me2 Orchestra for people with mental health challenges and their allies. She volunteers at UUCG doing office work and is relearning sign language in her free time.





# Sunday Morning Faith Development Programs...

## November Theme: Gratitude

### **November 4, 10:00am *Gratitude: Unlocking the Fullness of Life***

Join us as we explore gratitude and how finding the blessings in even our most difficult moments can help us to live more deeply compassionate lives. *Facilitated by Josh Gentry*

### **November 11, 10:00 am: *Creating the Words You Need to Hear***

Come join us as we work through the five components of an individualized meditation or hypnotherapy script specifically created by you, for you. Learning how to create your own script, to meet your need in this moment and at this time in your journey can be a powerful tool in meeting your goals, moving through hard times, and becoming who you want to be.

*Facilitated by Mandy Miller*

### **November 18 at 10:00am: *Faith in Action***

Gratitude may be one of the most important elements in cultivating spiritual maturity for children and adults. While there is a sense that the capacity for gratitude is, like empathy, somewhat inherent, research shows that the practice of gratitude broadens and deepens the way in which we relate to the world.

How do you cultivate your 'attitude of gratitude'? Have you taken a gratitude challenge? Has it moved you to become more generous? Join us to explore the ways in which we can experience and express gratitude out into the world.

"The question of bread for myself is a material one; the question of bread for my neighbor is a spiritual one". --Nikolai Berdyaev

### **November 25 at 10:00am: *Book Discussion TBD***

**Tweens Program for ages 8-11:** Sessions are offered every Sunday morning at 10:00am in the Treehouse (except select holidays). This program is designed to engage participants in an exploration of the monthly themes through a Unitarian Universalist lens, using art and music as tools for self-exploration. The Tweens program provides our youth with an opportunity for them to identify their own experiences and perspectives, and to seek out, care about, and respect those of others.

**Early Elementary Program for ages 5-7:** Our program strives not just to teach about Unitarian Universalism, but also to provide experiences around the strength of community, life issues we all share, and personal empowerment at an age-appropriate level. In a group setting, with loving adult guides, young children can engage in spiritual seeking, develop their openness to sharing, and experience the benefit of a supportive community. Children join their parents for the beginning of service and are dismissed for this program around 11:15am.

## Family Faith Journeys

Reverend Taddeo and Dan Kelly will host a series of events for people of all ages and all family structures (single adult households to multiple people and age households) at UUCG to more fully explore our UU Faith. Sign up for one, several, or all of these events:

**December 2, 1:00 PM-3:00 PM *How to Talk about Unitarian Universalism***

**December 15, 10:00 AM-2:00 PM: *Baking Day at UUCG***

Supply Fee \$10/per household. Plan to attend the following day for the Bake Sale.

**December 16, After Service: *Bake Sale Fundraiser for UUCG***

**January 20, 9:00 AM-3:00 PM: *Field Trip to UU Fellowship of Athens***

Meet at UUCG at 9:00 to carpool for 10:30 worship service.

Followed by lunch and discussion. Location to be determined. Bring your own lunch.

**February 3, 9:00 AM-3:00 PM: *Field Trip to Abundant LUUV UU Congregation***

Meet at UUCG at 9:00 to carpool for the 10:30 worship service.

Followed by lunch and discussion. Location to be determined. Bring your own lunch.

**March 3, 10:00 AM-3:00 PM: *Field Trip to UU Congregation of Atlanta***

Meet at UUCG at 10:00 to carpool for the 11:00 worship service.

Followed by lunch and discussion. Location to be determined. Bring your own lunch.

**March 30 – April 3: *Service Learning Journey at The Center for Ethical Living and Social Justice Renewal in New Orleans, LA*** Must Register by December 15

**April 13: 9:00 AM-3:00 PM: *UUCG Community Service Day***

Come when you can! Clean up our building and grounds, inside and out!

*Other events, excursions and community service options may be added as the program develops.*

# Upcoming Events

## **November 4 Artisan Fair, 12:15-3:15**

Find One of a Kind gifts for your loved ones and support your local community and UUCG.

## **November 11 after the service: Town Hall Meeting**

Please plan on attending. Our finances will be discussed in preparation for our Congregational Meeting December 16 when we will approve our budget. You do not need to be a member to attend.

## **November 12 GUST, 7:00-9:00PM *Who is this Jesus person anyway?***

One of the biggest questions of theology is: Who is the man behind the creation of Christianity? What is the historical evidence of Jesus' existence, let alone his teachings? Let's take a look at the man behind the myth, and figure out what was really happening in ancient Judea that led to a major religion. Whether you're atheist, agnostic, or Christian, come join the discussion and separate fact from fiction. Title adapted from Oolon Colluphid's great work "Who is this God person anyway?"

## **November 16 at 7pm, Social Justice Council presents a Talk on Climate Change Refugees**

Join us for a presentation on the intersections of refugees and climate change! GA Sierra Club Director and Mayor of Clarkston Ted Terry will speak about the effects of climate change on displaced people and future predictions about migration flows due to increased human-caused natural disasters. Our Give Away the Plate recipient, the IRC, helps victims of climate change.

## **November 26 UUCG Thanksgiving Potluck: Doors open at 11, meal at 5pm, drumming and Sumbel afterwards**

You and your loved ones are invited to our Thanksgiving feast. There will be vegan and vegetarian options. You may come early to prepare your dish in our kitchen. There will be a craft area for making Sistrums and Rattles. After the meal, there will be drumming and a Sumbel. We will have three rounds of sharing what we are grateful for—in our past, in the past year, and in the present. You may bring poetry or share a song as well. Please bring a dish to share. For more info and to share what dish you will be bringing, contact [admin@uucg.org](mailto:admin@uucg.org).



## **November 28 at 7pm, Book Club in the Library: *Vincent and Theo: The Van Gogh Brothers* by Deborah Heiligman**

The deep and enduring friendship between Vincent and Theo Van Gogh shaped both brothers' lives. Confidant, champion, sympathizer, friend—Theo supported Vincent as he struggled to find his path in life. They shared everything, swapping stories of lovers and friends, successes and disappointments, dreams and ambitions. Meticulously researched, drawing on the 658 letters Vincent wrote to Theo during his lifetime, Deborah Heiligman weaves a tale of two lives intertwined and the extraordinary love of the Van Gogh brothers.

## **December 1 from 5-10pm, Annual Yule Party**

Bring your friends to this CUUPS Sponsored event. There will be feasting and merry making. Contact [cuups@uucg.org](mailto:cuups@uucg.org) for info.

## **December 16 after service, Congregational Meeting**

We need all congregants to attend so that we can vote on the budget for 2019.

## #MeToo Women's Reflection Circle

Wednesdays, 7:00 – 9:00: December 5 & 12, January 2 & 9

Reverend Jan is offering a series of four reflection circles inspired by a request for an opportunity for women who have experienced sexual abuse to come together. There will be four sessions with a structured conversation. These are designed to be intimate conversations with no more than 8 people in the group. This is an opportunity for women to share and listen to one another's stories, to offer support and hope in facing this topic, and to examine it within the embrace of our beloved community. This is NOT a therapy group, and there is no goal to "fix" anyone. If you feel you need more support than this series can provide, please contact Reverend Jan for resources.

To ensure a supportive space for every participant to both receive and contribute to the group, we ask that participants plan on attending all four meetings in the series and that you hold each other's sharing in strict confidence. If you anticipate a problem with this commitment, please let Reverend Jan know so she can help you decide whether to join the group.

Register via the UUCG website "Register for Events" button at the bottom of the Home page. Childcare may be provided if you indicate this need on your registration form. Our Office Administrator will forward your registration to Reverend Jan to confirm your participation.

# The Spirituality of Abundance: Opportunities to Practice your Faith through Generous Giving

Every Sunday we take a plate collection which we share half of with our quarterly Give Away the Plate recipient. Since October 1, we have raised \$347.41 for the IRC. The IRC responds to the world's worst humanitarian crises and operates in many parts of the world, helping to restore health, safety, education, and economic well being to people devastated by conflict and disaster. In the United States, the IRC resettles thousands of refugees every year. The Atlanta office, located in Decatur, helps people who have fled danger, persecution, and deprivation to rebuild their lives in America. GATP donations are helping the local office to provide employment opportunities, counseling, English language instruction, and opportunities for refugee children to integrate into and enjoy American culture.



## Corley Elementary and El Refugio ask for Your Support

### Gift Cards for Corley Elementary School

The UUCG congregation has continued to be very generous to the students and parents of Corley. The school has no PTA, so UUCG fills in to support the parents and students several times per year. The drive for gift cards begins on 12/2/2018 and ends on 12/16/2017. For the convenience of the students' parents, Corley counselors are requesting gift cards only from Walmart this year in increments up to \$25. There will be small green gift bags at the back of the sanctuary and in the foyer during fellowship. Thank you from the Corley Committee!

### Donations for Immigrant Families at El Refugio

On November 16 we will be collecting donations to help our friends at El Refugio, a ministry of hospitality and visitation serving immigrants at the Stewart Detention Center and their family and friends. They are requesting the following: dish towels, bath towels, hand towels, paper towels, toilet paper, bottled water, individually wrapped snacks: fruit leather, crackers, chips.

## The Board Walk by Marcus Kabel

Dear friends,

It was a pleasure to speak to the congregation during worship service on the last Sunday in October. For those who weren't there, and as a helpful recap for those who were, let me touch on the points I made as an update from the Board of Trustees on our 2018 end-of-year funding.

The good news: Generous responses from our membership have narrowed the gap! When the Board first came to you in September, we needed \$11,000 to get to the end of the year because of the bank's unexpected delay on our loan application. As of Sunday, Oct. 28, we were down to a gap of \$7,000. The total is less now as we continue to account for new support. My message, and the message from the Board, is just this: Please help us continue the momentum. Theresa and I are adding on top of our pledge because of the joy this congregation gives to us and others. For us, at least, we know we cannot find the same vision and community anywhere else. We want to help get UUCG over this one-time hurdle and move into stewardship for 2019.

Our UUCG has wonderful staff, amazing programs, tremendous volunteers and a unique membership. Your Board will present a 2019 budget proposal at the Nov. 11 Town Hall meant to continue our growth into our vision. Then we will all have the opportunity to vote on the budget at the Congregational Meeting on Dec. 16. I look forward to seeing you at both meetings, and I'm always available for discussion before then.

Yours with thanks,

Marcus Kabel

President, UUCG Board of Trustees

### Our 2019 Pledge Drive is Wrapping Up!

Please consider increasing your pledge by 5% to 10% for 2019 so we can fully fund our ministries in 2019.

Return pledge forms as soon as possible so we can complete our financial projections for 2019.

Use this link: <https://form.jotform.com/Syun/pledge-form>, mail your pledge form to UUCG, or bring it with you on Sunday and put it in the box in the foyer.

If you have questions about your pledge or programs at UUCG, please contact Reverend Taddeo at [revtaddeo@uucg.org](mailto:revtaddeo@uucg.org).

# Congregational News

## Covenant Groups Nurture Meaningful Connections

### What are Covenant Groups?

Ten people, two hours, twice a month, eight meetings, creating a sacred space, listening and talking together. Each person is given uninterrupted time to share stories and find meaning from their own experiences. Trained, experienced facilitators are a part of every group meeting.

### Why should I join a Covenant Group?

We create a sacred space to focus our attention away from the cares of the present, leave the past behind, and let the future wait a couple of hours. We express a form of “radical hospitality” by giving each other our full attention without interruption, judgment, or advice.

When we listen, we focus completely on the personal journeys of our “fellow travelers.”

When we speak, we are empowered to be vulnerable, to open our hearts, and to share our personal story. In accordance with the Congregation and Group Covenants, our “fellow travelers” listen with anticipation and appreciation. Our personal stories are held in confidence by the group.

Talking and listening together about our interests and passions helps both “new” and “old” members connect with and understand all that our Beloved Community has to offer them.

The experience of speaking the truth about our personal experiences can empower us to listen to the stories of others.

### Who can join?

Newcomers, long-time members and everyone in between benefit from these small groups. It’s a great way to build connections within our beloved community as people engage in deep and meaningful conversations based on our monthly themes.

### When do the next groups start and when do they meet?

Our next Covenant Group season begins at the end of January 2019 and finishes in early May. Groups currently meet Wednesday evenings and Thursday mornings. We are adding a Monday evening group for our next season so we can include more people in the program.

### Is Child Care available?

Yes, please fill out your need for childcare on the registration form online so that we can arrange childcare for the entire season. A minimum of one week advance notice is required.

### I’m ready! How do I sign up?

Visit [www.uucg.org](http://www.uucg.org) and select the big “Register for Event” button at the bottom of the Home page. Select the “Covenant Group” option and choose the meeting with the time and dates that work for you. One of the leaders of the group will contact you to confirm your registration and give you a reminder for the first meeting date.

## Music & Art

### Choir

Rehearsal Tuesdays,

7:00 pm

Warm-up, Sundays,

10:15 am

If you enjoy singing with others, drop in on Tuesday night for rehearsal and then warm-up with the choir on Sunday before the worship service. Contact our Choir Director, Michael Parker, at [mparker@uucg.org](mailto:mparker@uucg.org).

### Music Night

1st & 3rd Mondays,

6:00 pm

People of all ages and music abilities practice, perform, and share musical gifts. Bring your music stand, instrument and music. Contact Barbara at [bstahnke@comcast.net](mailto:bstahnke@comcast.net).

### Me2 Orchestra

Wil start again in January

Are you a musician who plays classical music and is interested in erasing the stigma surrounding mental illness? Contact Jen at [1blonde.violin@gmail.com](mailto:1blonde.violin@gmail.com).

### Jam Night

If you would like to see a UU House Band or interested musicians gather to play rock and folk rock periodically, contact Ben at [jamnight@uucg.org](mailto:jamnight@uucg.org).

### Art Gallery

Enjoy the beautiful selections of art on display in our sanctuary and foyer, all created by local artists. A portion of the proceeds of art sales benefits UUCG. Contact Diana Dice at [dpdice@hotmail.com](mailto:dpdice@hotmail.com).



# Nurturing Connections

## Book Club, 4th Wednesdays at 7:00 pm



All are welcome to a time of bonding, lively discussion, and building friendships. Contact [bookclub@uucg.org](mailto:bookclub@uucg.org).

## Boy Scout Troop 99, Mondays at 7:00 pm



UUCG hosts this troop for boys grades 6-11. They meet in the Playhouse, and child care is provided for younger siblings during the parent meetings. Contact Maryjane Stout or Don Graff.

## The Oak Grove Covenant of UU Pagans (CUUPS)



CUUPS meets November 17 with a potluck dinner at 5:00 pm and program at 7:00 pm. Child care is provided if requested by registering online at least a week in advance. December 1 is the Annual Yule Party starting at 5:00pm. Contact [CUUPS@uucg.org](mailto:CUUPS@uucg.org) for more details. Also visit their Facebook page and group.

## Sylvan Sanctuary: Rituals for the 8 Sun Stations



The Druids have a vital relationship with the Earth, celebrate the Sun and its sacred days, hear the call to the inner life, and are weaving a wisdom that is both personal and communal. Childcare provided if requested at least a week in advance. The next ritual is November 3 at 6pm for Samhain.

## Gwinnett: Understanding Secular Truths (GUST) 2nd Mondays at 7:00 pm in the Sanctuary



GUST supports programs that explore atheism, skepticism, and secular humanism and works to encourage community and friendships. Visit <http://brights.meetup.com/295/> or contact Dylan at [gust@uucg.org](mailto:gust@uucg.org)

## Men's Breakfast, 3rd Saturdays at 8:00 am



Men are invited to gather at Eagles Landing Café and Grill at 3001 River Dr., Lawrenceville, GA 30044 at the corner of Oak Rd. and River Dr. Contact Doug at [mensbreakfast@uucg.org](mailto:mensbreakfast@uucg.org).

## Potluck Lunch, 3rd Sundays



Our 3rd Sunday potluck lunch is a great opportunity for food, fun, and friendship. Bring a generous quantity of a favorite recipe to share. Label dishes with information for special diets (vegan, vegetarian, gluten-free, contains nuts, etc.).

## SAGE (Seniors Aging with Grace and Enthusiasm)



Join other UUCG seniors for special events. Our next outing is November 10 at Hard Labor Creek State Park in Rutledge. Contact [info@uucg.org](mailto:info@uucg.org) to be added to the SAGE email group.

## Spiral Scouts, 2nd Sundays from 12:30 pm-2:30pm



For children ages 3-12 and their families, this earth-based scout program encourages young people to co-create their programs. Meet in the Treehouse after the worship service. Healthy snacks provided. Contact [CUUPS@uucg.org](mailto:CUUPS@uucg.org).

## Tai Chi, Thursdays from 7:00—8:30 pm



All ages and levels are welcome. Wear comfortable clothes and flat soft shoes or sock feet. Contact Rob at [taichi@uucg.org](mailto:taichi@uucg.org).

## UU101 and 102 are November 18



Join us after the service for the UU101 Visitor Orientation in the Library. To learn about the path to membership come to the Pastor's Parlor for our UU 102 program. Lunch and Childcare provided. Please register online ahead of time for childcare.

## Walkers Group



Walks are planned by group participants. Contact Wally at [walkers@uucg.org](mailto:walkers@uucg.org) to learn more about upcoming walks with UUCG friends and to be added to the group's e-mail list.

## Yoga, Wednesdays, 6:00 pm



Yoga brings balance to the body, mind, and spirit through breath and movement. This class is for all ages and skill levels and includes pose modifications. First class is free, then 7-session pass is \$70, or drop-in for \$15. JoAnn has been practicing yoga for 8 years and is registered with Yoga Alliance. Call JoAnn at 770-789-0785 to register.

## Youth Group, 3rd Sundays 12:30-2:30



Youth ages 12-17 are invited to join us for youth-led, mentor guided discussion and activities. We also plan outings and service projects. For more info, contact [youthministrycommittee@uucg.org](mailto:youthministrycommittee@uucg.org)

## Rev. Jan Taddeo, Parish Minister

[RevTaddeo@uucg.org](mailto:RevTaddeo@uucg.org)  
Cell: 678-558-48434  
Appointments scheduled at:  
[revtaddeo.acuitiescheduling.com](http://revtaddeo.acuitiescheduling.com)

**Josh Gentry** [jgentry@uucg.org](mailto:jgentry@uucg.org)

**Marcus Kabel** [president@uucg.org](mailto:president@uucg.org)

**Sharon Yun** [admin@uucg.org](mailto:admin@uucg.org), [syun@uucg.org](mailto:syun@uucg.org)

**Christiana McQuain** [cmcquain@uucg.org](mailto:cmcquain@uucg.org)

**Michael Parker** [mparker@uucg.org](mailto:mparker@uucg.org)

**Bryan Bishop**, Pianist, [bbishop@uucg.org](mailto:bbishop@uucg.org)

**LaTreisha McKay**, [lmckay@uucg.org](mailto:lmckay@uucg.org)

## Building Open

Sunday 9:30-12:30

Tuesday 9:00-2:30

Friday 9:00-2:30

or by appointment

770-717-7913