# **UUCG Beyond Sunday Morning**

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### **Events This Week**

+\*Good Trouble: Sunday, March 26

+Tarot: Sunday, March 26

\*+Mindfulness and Meditation: Sunday, March 26

\*Choir Rehearsal: Tuesday, March 28

\*Property Beautification: next Saturday, April 1

\*+Congregational Conversation:

next Sunday, April 2

\*in-person +online ^off-site in person

# **Now Hiring**

We are hiring a new childcare provider to work with the children 5 and under during the service.

If you know anyone who is interested, please let Rev. Jan know.

# **Beyond Sunday Morning**

""What happens when people open their hearts?"
"They get better."
— Haruki Murakami, Norwegian Wood

"When we were children, we used to think that when we were grown-up we would no longer be vulnerable. But to grow up is to accept vulnerability... To be alive is to be vulnerable."

- Madeleine L'Engle

"Vulnerability is for the brave."

– Lidia Longorio, Hey Humanity

Find more resources for exploring your UU Faith on our Faith Development webpages here: <a href="https://bit.ly/UUCGFaithDevelopment">https://bit.ly/UUCGFaithDevelopment</a>

## **UU Principles**

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

#### **UU Sources**

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.