

# UUCG Beyond Sunday Morning

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## Events This Week

\*Spiral Scouts: Sunday, May 14  
+\*Belief Explorers: Sunday, May 14  
+Tarot: Sunday, May 14  
+\*Mindfulness and Meditation: Sunday, May 14  
\*Choir Rehearsal: Tuesday, May 16  
+Yarns from the Heart: Wednesday, May 17  
+Board Meeting: Wednesday, May 17  
+CUUPs Cafe Discussion: next Thursday, May 18  
+Green Team Meeting: next Saturday, May 20  
\*in-person +online ^off-site in person

## Try Out a New Group

Have you long seen a UUCG group on the calendar and been curious about what they do?

Most groups are open to anyone who is interested and for those closed groups, there will be periodic sign ups.

This is your call to try something new!

## Beyond Sunday Morning

“When you reach for the stars, you are reaching for the farthest thing out there. When you reach deep into yourself, it is the same thing, but in the opposite direction. If you reach in both directions, you will have spanned the universe.”

-Vera Nazarian

“Tune your television to any channel it doesn't receive and about 1 percent of the dancing static you see is accounted for by this ancient remnant of the Big Bang. The next time you complain that there is nothing on, remember that you can always watch the birth of the universe.”

- Bill Bryson

Find more resources for exploring your UU Faith on our Faith Development webpages here: <https://bit.ly/UUCGFaithDevelopment>

## UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

## UU Sources

We live out our Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.