


UUCG Beyond Sunday Morning

To sign up for the monthly newsletter and the weekly enews , email admin@uucg.org

B I N G O				
Follow 3 charities on social media	Clean out your closets and donate to a local thrift shop or shelter	Text someone you love them	Share a website, article or video from your favorite charity to the UUCG Facebook Group	Sign up for a Volunteer Opportunity at UUCG
Contemplate what you are grateful for	Bring a co-worker a coffee or tea	Take a shorter shower	Bring a sharable snack to offer at Hospitality Hour on Sunday	Bring in a food bank item
Donate to your favorite charity	Plan the dish you will bring to the next UUCG 1st Sunday Potluck		Set a New Year's resolution for how much you plan to donate/volunteer next year	Support a friend's favorite cause
Share a favorite poem, song, or story to the UUCG Facebook Group	Send a fellow congregant a thank you note or holiday card	Spend some time learning about Radical Welcome	Donate blood or platelets	Schedule a recurring donation to your favorite charity
Return your UUCG Pledge Drive form	Give yourself a compliment	Show up to help at Property Beautification Day on 1st Saturday	Introduce yourself to someone you don't know	Let someone in front of you (in traffic, coffee shop, etc.)

ExtravaGusto Thanksgiving Meal

Come to UUCG for a Thanksgiving Potluck this Thursday at 2pm.

Please sign up here to let us know what you are bringing.



Beyond Sunday Morning

“I would define, in brief, the poetry of words as the rhythmical creation of Beauty. “

-Edgar Allen Poe

“You aren't your work, your accomplishments, your possessions, your home, your family... your anything.

You're a creation of your Source, dressed in a physical human body intended to experience and enjoy life on Earth. “

-Wayne Dyer

UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

UU Sources

We live out our Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.