

# UUCG Beyond Sunday Morning

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## Events This Week

\*+Good Trouble: Sunday, February 25  
+Tarot: Sunday, February 25  
\*+Mindfulness and Meditation: Sunday, February 25  
\*Choir Rehearsal: Tuesday, February 27  
+Book Group: Wednesday, February 28  
\*Music Night: Thursday, February 29  
  
\*in-person +online ^off-site in person

## Connecting With Rev. Nancy

**Email:** [revnpj@uucg.org](mailto:revnpj@uucg.org)

**Minister's Phone or Text:** 678-558-4834

**Meetings by Appointment**—please email or call to schedule:

- Tuesday afternoons
- Thursday afternoons or evenings
- Saturdays once a month

Possibilities: Meet in Rev. Nancy's office at UUCG, share some coffee or tea, chocolate or a snack!

**Mondays are Rev. Nancy's Sabbath Day.**

## Beyond Sunday Morning

"All things are ready, if our mind be so."  
— *William Shakespeare*

"There's no harm in hoping for the best as long as you're prepared for the worst."  
— *Stephen King*

"When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.'"  
— *Fred Rogers*

## UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

## UU Sources

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.