# **UUCG Beyond Sunday Morning**

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## **Events This Week**

\*+Town Hall Meeting: Sunday, April 14

\*Spiral Scouts: Sunday, April 14

\*+Mindfulness and Meditation: Sunday, April 14

\*Choir Rehearsal: Tuesday, April 16

+Yarns From the Heart: Wednesday, April 17

\*+Board Meeting: Wednesday, April 17

\*Music Night: Thursday, April 18

+Green Team Meeting: next Saturday, April 20

\*in-person +online ^off-site in person

# **Town Hall Meeting Today**

This meeting will be presenting the slate of the proposed Board of Trustees for next year.

Members will vote at the congregational meeting on **May 19th**.

Please plan to attend both meetings as you are able.

# **Beyond Sunday Morning**

Easy Ways to 'Go Green'

-Turn off lights and electronics when not in use

-Mend broken things instead of replacing

-Shop used when you can

-Use a reusable water bottle instead of disposable plastic

-Remember that there is only so much individuals can do when it's major corporations creating most of the environmental problems we have.

Give yourself grace.

### **UU Principles**

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations:

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

#### **UU Sources**

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life:

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.