

Resilience as a Renewable Resource

Rev. Nancy Palmer Jones, Worship Leader

Dmitri, Worship Associate

Christiana Fernandez-McQuain, Coordinator of Family Ministries

Michael & Rebecca Parker, Choir Directors

Stephen Pyle, Pianist

Sunday, February 1, 2026

Prelude *In My Own Little Corner/On My Way to You/I Won't Last a Day Without You*

Richard Rogers/Michel Legrand/Roger Nichols

Singing #170

We Are a Gentle, Angry People, vv. 1, 2, 4, 5, 6

with thanks to the UU Church of Utica

Holly Near

arr. Patrick L. Rickey

Welcome and Centering

Rev. Nancy

Chalice Lighting

The Flame Arising from Us

Rev. Scott Tayler

Wonder Box Wisdom

Our Roots of Resilience

Kimberlee Tomczak Carlson

Singing #1009

Meditation on Breathing, sung by Jyvonne Haskins

Sarah Dan Jones

Say Their Names

Remembering the Nine Who Died, January 2026

Reading

Miss Me with That Softness

Matt Moberg

January 7, 2026, 10:42 p.m., Minneapolis, Minnesota

Reflection

Fire Melts Ice

Dmitri

Homily

Relying on Bedrock

Rev. Nancy

Music for Reflection

One More Step

Words and music: Joyce Poley

Invitation

Your Sources of Resilience

Music for Reflection

There Is a Balm in Gilead

Singing

Rededication

Shana Aisenberg

Dmitri, vocals; Ian, guitar

Sharing Our Gifts

Offering shared with *the Society of Humane Friends of GA*

Offertory

What Matters Most

Dave Grusin

Gratitudes

Call to Connection

Singing #298

Wake, Now, My Senses, vv. 1, 3

Lea Morris, vocals

Words: Thomas J. S. Mikelson

Music: Traditional Irish melody

Closing Prayer

Seeking That Which Unites Us

Sara Eileen LaWall

Extinguishing Our Chalice

Elizabeth Selle Jones (adapted)

+Our plate is shared 50/50 with the quarterly plate recipient and UUCG.
Please make checks payable to UUCG and indicate on the memo line if the check is for your
annual pledge contribution or today's plate recipient



UUCG Beyond Sunday Morning

Events This Week

* in-person, + online, ~ off-site

- | | |
|---------------------------|----------------------------------|
| + Today at 3:00pm: | <i>Social Change Now</i> |
| *+ Mon, Feb. 2 at 6:30pm: | <i>Alphabet SoUUp</i> |
| * Tue, Feb. 3 at 7:00pm: | <i>Choir Rehearsal</i> |
| + Wed, Feb. 4 at 10:00am: | <i>Yarns from the Heart</i> |
| * Wed, Feb. 4 at 5:30pm: | <i>Nico Lang Book Event</i> |
| * Thu, Feb. 5 at 6:30pm: | <i>Music Night</i> |
| * Fri, Feb. 6 at 6:30pm: | <i>Game Night</i> |
| * Fri, Feb. 6 at 7:30pm: | <i>Tarot: Major Arcana Study</i> |
| * Sat, Feb. 7 at 10:00am: | <i>Tending Our Grounds</i> |

Faith Formation Hour No Programming

There will not be any Faith Formation Hour programming today. Please make sure to check the UUCG website's Calendar of Events page for details on our upcoming events.

Also, please note that our monthly potluck lunch and our Congregational Conversation with Rev. Nancy and Board President Dan Kelly will take place on Sunday, Feb. 8

Some Characteristics that Resilient People Embody



Seeing change as an opportunity or challenge.



Personal goals.



A strong sense of humor.



Patience.



A high level of adaptability.

UU Values

As Unitarian Universalists, we draw from our heritages of freedom, reason, hope, and courage, building six values with Love at the center.

Inseparable from one another, these shared values are:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.



♥ SIDE WITH LOVE February Events

ICE Out! National UU Week of Action

Feb. 1 - Feb. 7

Join Unitarian Universalists across the country for a national Week of Action against the violent, immoral actions of ICE.

Green Sanctuary 2030 Office Hours

Feb. 4

Monthly Office Hours are here to anyone with questions on how Green Sanctuary 2030 can support UUs to transform our congregations through climate justice.

UU Solidarity Session

Feb. 5

Solidarity Sessions are an opportunity for folks working for immigrant justice to connect with one another, take action, and learn about the most recent changes in immigration laws and policies.

Gathering: Stories of Faith over Fear

Feb. 9

Side With Love's monthly event to strengthen your spirit, make sense of the threats to democracy, and take meaningful action alongside others!

Green Sanctuary for our Kids

Feb. 18

Creating Climate Justice is not just for adults! Come learn how the GS work with children and youth has enhanced programming for all.

Find the full list of events at their website:

<https://sidewithlove.org/allevants>