

Stories of Resilience

Rev. Nancy Palmer Jones, Worship Leader

Carol Underwood, Worship Associate

Christiana Fernandez-McQuain, Coordinator of Family Ministries

Michael & Rebecca Parker, Choir Directors

Stephen Pyle, Pianist

Sunday, February 15, 2026

Prelude

Cupid / You Send Me

Sam Cooke

Singing #210

Wade in the Water

African American spiritual, c. 1750-1875

arr. Mary Allen Walden

Welcome and Centering

Rev. Nancy Palmer Jones

**Call to Worship
and Chalice Lighting**

And Yet You Persist

Rev. Gretchen Haley

Wonder Box Wisdom *The Hero We Need to Know: Robert Smalls* Rev. Nancy Palmer Jones

Singing

Rededication

Shana Aisenberg

Reflection

Rev. Nancy Palmer Jones

Music for Reflection

A Change is Gonna Come

Sam Cooke

If you have a Joy or Sorrow that you'd like named aloud in the Pastoral Prayer,
please fill out a card and pass it to the center aisle, or write a note in the online chat now.

Reflection and Meditation

The Resource of Mindfulness

Carol Underwood

Singing

Hold On

Heidi Ann Wilson

Pastoral Prayer

Rev. Nancy Palmer Jones

Anthem

One Million Voices

Brian Tate

Sharing Our Gifts

Offering shared with the *Society of Humane Friends of GA*

Offertory

What's Going On?

Marvin Gaye, Al Cleveland,
Renaldo Benson

Gratitudes

Call to Connection

Singing #6

Just as Long as I Have Breath

Words: Alicia S. Carpenter
Music: Johann G. Ebeling

Closing Words

May Resilience Cascade...

Rev. Dr. Rebekah Savage

Extinguishing Our Chalice

Elizabeth Selle Jones (adapted)

+Our plate is shared 50/50 with the quarterly plate recipient and UUCG.

Please make checks payable to UUCG and indicate on the memo line if the check is for your
annual pledge contribution or today's plate recipient



UUCG Beyond Sunday Morning

Events This Week

* in-person, + online, ~ off-site

*+ Today at 12:30pm:	<i>Resisting Fascism Team</i>
* Today at 12:30pm:	<i>Tarot Sunday</i>
+ Today at 3:00pm:	<i>Social Change Now</i>
* Tue, Feb. 17 at 7:00pm:	<i>Choir Rehearsal</i>
*+ Wed, Feb. 18 at 10:00am:	<i>Yarns from the Heart</i>
+ Wed, Feb. 18 at 7:00pm:	<i>UUCG Men's Group Online</i>
* Thu, Feb. 19 at 6:30pm:	<i>Music Night</i>
* Fri, Feb. 20 at 6:30pm:	<i>QUUest</i>
* Sat, Feb. 21 at 11:00am:	<i>Green Team Brunch</i>

Faith Formation Hour Resisting Fascism Team

Resisting fascism begins, not with bombastic words, but with small, concrete, compassionate, empowering deeds. This Team can help you identify these actions and begin taking them. We will provide UUCG members with a menu of actionable opportunities for folks to select from based on their individual comfort levels, issues of choice, skill sets, and passions. Our prophetic witness has never been needed more urgently. Working and learning together, we can forge a path where there appears to be no way.

The Only Thing Worse than Being Blind is Having Sight but No Vision

Helen Adams Keller (June 27, 1880 – June 1, 1968) was an American author, disability rights advocate, political activist, and lecturer. Born in West Tuscumbia, Alabama, she lost her sight and her hearing after a bout of illness when she was 19 months old. She then communicated primarily using home signs until the age of seven, when she met her first teacher and life-long companion Anne Sullivan. Sullivan taught Keller language, including reading and writing. After an education at both specialist and mainstream schools, Keller attended Radcliffe College of Harvard University and became the first deafblind person in the United States to earn a Bachelor of Arts degree.

Keller was also a prolific author, writing 14 books and hundreds of speeches and essays on topics ranging from animals to Mahatma Gandhi. Keller campaigned for those with disabilities and for women's suffrage, labor rights, and world peace. In 1909, she joined the Socialist Party of America (SPA). She was a founding member of the American Civil Liberties Union (ACLU).

UU Values

As Unitarian Universalists, we draw from our heritages of freedom, reason, hope, and courage, building six values with Love at the center.

Inseparable from one another, these shared values are:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

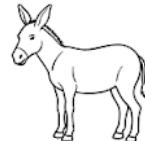
Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

The Farmer and the Donkey



One day a farmer's donkey fell down into a well. The animal cried piteously for hours as the farmer tried to figure out what to do. Finally, he decided the animal was old, and the well needed to be covered up anyway—it just wasn't worth it to retrieve the donkey.

He invited all of his neighbors to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realized what was happening and cried horribly. Then, to everyone's amazement, he quieted down.

A few shovel loads later, the farmer finally looked down the well. He was astonished at what he saw. With each shovel of dirt that hit his back, the donkey was doing something amazing. He would shake it off and take a step up.

As the farmer's neighbors continued to shovel dirt on top of the animal, he would shake it off and take a step up. Pretty soon, everyone was amazed as the donkey stepped up over the edge of the well and happily trotted off!

Life is going to shovel dirt on you, all kinds of dirt. The trick to getting out of the well is to shake it off and take a step up. Each of our troubles is a stepping stone. We can get out of the deepest wells just by not stopping, never giving up! Shake it off, and take a step up.

