

THE FULL MOON IS COMING



LUNAR NEWS

Harvest Moon

26 September 2026

12:49 PM EST

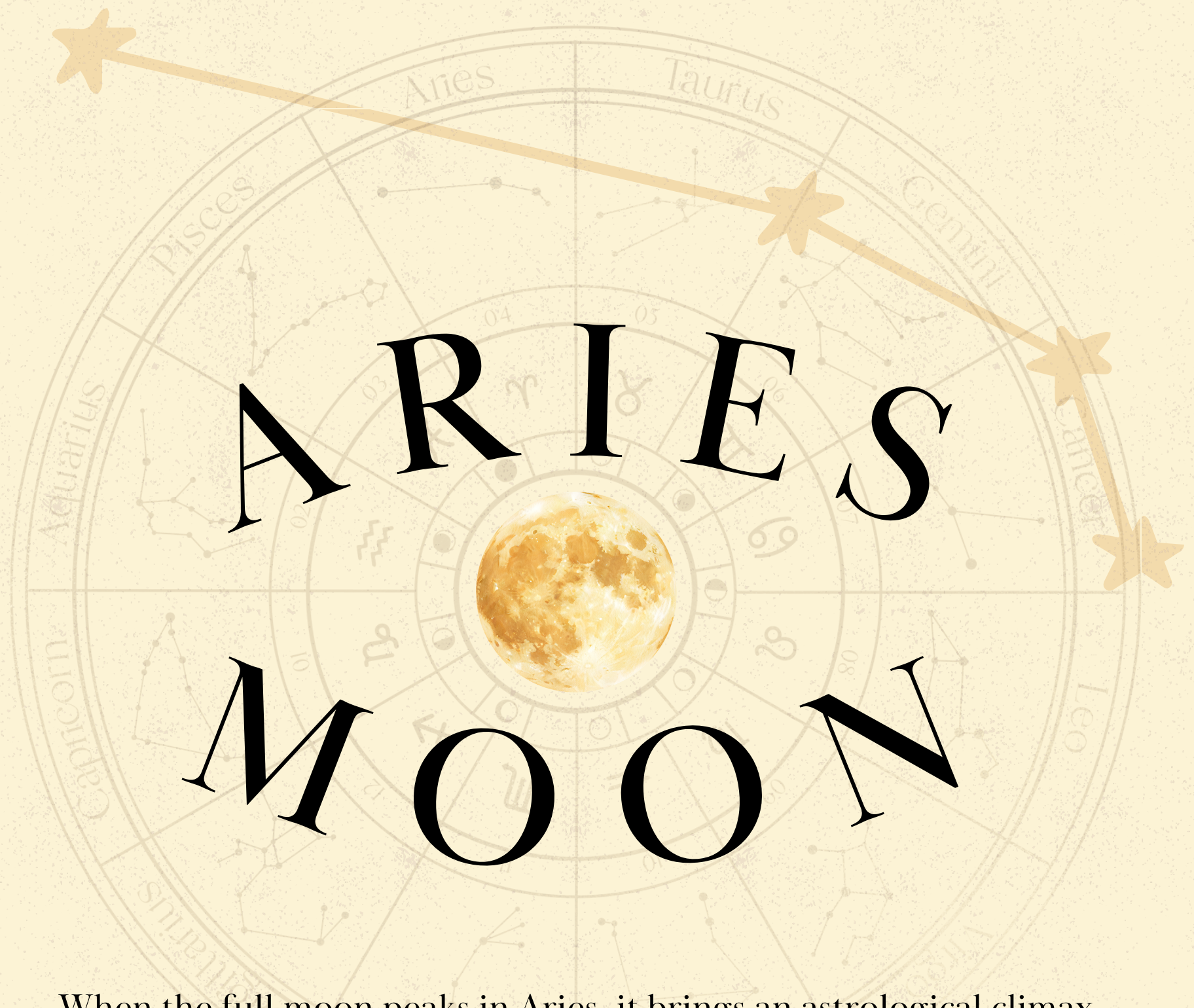
Aries Moon

Harvest Moon—Named this way because it's the closest full moon to the Autumnal Equinox, the full moon also provides additional light for farmers to continue harvesting.

Other traditional September Full Moon names include:

- Corn Moon
- Barley Moon
- Wine Moon

These names indicate which crop is ready to harvest.



When the full moon peaks in Aries, it brings an astrological climax that is fast-paced, highly emotional, and fiercely independent.

In astrology, a full moon represents a time of culmination, exposure, and release. Because Aries is the very first sign of the zodiac; ruled by Mars, the planet of action, passion, and war...this lunation strips away hesitation and forces hidden feelings to explode into the open.

The Aries full moon highlights the intense “Me vs. We” dynamic. It forces a clash between Libra’s focus on partnership and compromise, and Aries’ drive for individual passion. This lunation demands that you find a healthy balance between pleasing others and asserting your own needs.

Harvest Moon Practice

Saturday, September 26, 2026
Harvest Moon

The Harvest Moon traditionally marks the time when the final crops are rapidly gathered under the extended evening light to prevent spoiling before the first autumn frost. The focus shifts toward heavy field labor, community cooperation, and maximizing the remaining daylight before the natural world begins its definitive turn toward the autumn equinox.

Spiritually, this moon can represent abundance, culmination, transition, and absolute presence. It asks us to consider how we can successfully harvest the fruits of our recent efforts while clearing away the energetic fields to prepare for a brand new cycle of growth.

Questions for this moon:

- What major goals or projects are reaching their peak culmination?
- Where am I being called to balance my own independent drive with the needs of my relationships?
- What seasonal rewards am I ready to celebrate and integrate into my life?

Release. Reclaim. Ignite. Personal Ritual

Place a piece of paper, a pen, and a candle before you:

Write an impulsive habit, resentment, or relationship dynamic where you are sacrificing your identity just to keep the peace.

Fold the paper.

Name a boundary you need to set or an independent passion project you are ready to bravely pursue.

Light the candle and safely burn the paper.

Say: I honor my connections, but I reclaim my autonomy. I burn away the hesitation that holds me back. My fire is mine to channel.

Apple Head Craft

Peel a firm apple, carve an exaggerated nose, eye socket, and mouth. Soak in lemon juice for 30 min. Dry on a parchment lined sheet in the oven at 175F for 4-6 hours. You can add items for eyes and hair.

The Golden Harvest Mantra

Imagine the harvest moon shining above, casting a soft, golden glow all around you. Breathe in the crisp night air and look at the abundance you have gathered.

Exhale slowly, and say:

I am exactly where I need to be.

Or create your own mantra.

Harvest Moon Around the World

The Harvest Moon historically gifted farmers extra hours of light to gather their crops before winter. Across the world, this celestial event still remains a sacred time to honor abundance, community, and the shifting seasons. While many modern cultures observe this time through family reunions, its oldest traditions are deeply anchored in nature-centric, animist, and polytheistic practices that celebrate the earth independently of major monotheistic religions.

In East Asia, this lunar cycle centers on family unity. During the Mid-Autumn Festival (Tết Trung Thu in Vietnam), families gather under the moonlight to moon gaze, share sweet mooncakes and light vibrant lanterns. In South Korea, Chuseok functions as a massive thanksgiving where families honor ancestral spirits with seasonal delicacies, while Japan's Tsukimi involves decorating with pampas grass and arranging white rice dumplings to thank the moon directly for its autumn blessings.

Across Southeast Asia, harvest celebrations are intrinsically linked to indigenous

practices and the belief that the crops possess living spirits. Rather than focusing solely on the moon, these traditions protect the soul of the rice crop (semangat).

In Borneo, the Kadazan-Dusun people celebrate Tadau Ka'amatan by invoking high priestesses (Bobohizan) to chant and guide stray crop spirits safely home. Similarly, indigenous Ifugao shamans in the Philippines offer rice wine to wooden Bulul guardian statues, while rural Cambodians unite for Bon Dalien to express gratitude to the spirits of the soil and water.

For European polytheistic paths, the equinox represents a time of cosmic balance. Modern Pagans celebrate Mabon, a seasonal harvest festival, by pouring libations of cider onto the earth and building displays of gourds. This mirrors the ancient Greek Eleusinian Mysteries, which re-enacted the myth of Demeter mourning her daughter's descent into the underworld to mark the green earth drying back. Further north, Slavic Pagans practice Święto Plonów, using a massive, braided loaf of fresh grain bread in a ritual game to divine the community's future prosperity.



Save the Date!



SYLVAN SANCTUARY SAMHAIN RITUAL

11/7/2026
6PM-
8:30PM



Last Quarter
October 3, 2026
9:25AM
Release what
weighs you down.
*Light a candle,
breathe out your
doubts, and let go of
the past.*
Rest.

New Moon:
October 10, 2026
11:50AM
Embrace the
growing darkness.
*Light a candle, face your
fears, and name the deep
courage you summon for
the days ahead.*
Transform.

First Quarter
October 18, 2026
12:13PM
Commit to your
momentum.
*Light a candle, take the
first real step toward a
major goal, and overcome
any rising friction.*
Build.

