

Doing Our Hearts: What Kind of Village Will We Be?

Bob Patrick, Worship Leader

Lydia Patrick, Worship Associate

Rev. Nancy Palmer Jones, Minister

Christiana Fernandez McQuain, Coordinator of Family Ministries

Stephen Pyle, Pianist, UUCG's Covenant Choir

October 11, 2026

Prelude

*Because of You/
I Am What I Am*

Arthur Hammerstein,
Dudley Wilkinson/
Jerry Herman

Singing # 131

Love Will Guide Us

Sally Rogers, Traditional

Welcome

Creating Sacred Center

Courage-ing

Rev. David Breeden

Wonder Box Wisdom

A Little Wave

Singing #1014

Answering the Call of Love

Jason Shelton

Reflection

I Know I Can't Walk Alone Anymore

Kim Pfeffer

Singing # 354

We Laugh, We Cry (vs. 1 only)

Shelly Jackson Denham

Reading

I Need You to Believe Something

John Roedel

Music Video for Reflection

The Village

Wrabel/Dance group, UNITY

Homily

What Kind of Village Will We Be?

Bob Patrick

Ritual of Compassionate Presence

Music for Reflection

During Ritual

Comfort in Song

arr: Stephen Pyle
Melissa Manchester, Carole Bayer Sager,
Barry Manilow, Peggy Gordon, John Denver

Sharing Our Gifts

Offering shared with *Worthy Now Prison Ministry*

Offertory

Smile/If I Only Have the Nerve

Charles Chaplin/Harold Arlen

Gratitudes

Call to Connection

Singing #1017

Building A New Way

Martha Sandifer, Jim Scott

Closing Words

And the Table Will Be Wide

Jan Richardson

Extinguishing Our Chalice

Elizabeth Selle Jones (adapted)

+Our plate is shared 50/50 with the quarterly plate recipient and UUCG.
Please make checks payable to UUCG and indicate on the memo line if the check is for your
annual pledge contribution or today's plate recipient



UUCG Beyond Sunday Morning

Events This Week

* in-person, + online, ~ off-site

- | | |
|---------------------------|---------------------------------|
| *+ Today at 12:30pm: | Belief Explorers |
| *+ Today at 12:30pm: | SpiralScouts |
| * Tue, Oct 13 at 7:00pm: | <i>Covenant Choir Rehearsal</i> |
| * Thu, Oct 14 at 6:30pm: | <i>Sweet MUUSIC Rehearsal</i> |
| + Fri, Oct 16 at 6:30pm: | <i>QUUest</i> |
| + Sat, Oct 17 at 9:30am: | <i>Green Team Meeting</i> |
| * Sat, Oct 17 at 10:30am: | <i>Blessing of the Animals</i> |

Faith Formation Hour

Belief Explorers

Belief Explorers is a group of curious people interested in the wide variety of spirituality and beliefs. We meet from 12:30 – 1:30PM on the 2nd Sunday of each month, both online via Zoom and in-person. Each month we explore a book, religion, person, or concept chosen at the previous meeting. Meetings are open to all UUCG members, friends, and visitors.

This Month's Topic:

Mysticism (What is it?) and the Mystics (Who were they?)
Facilitated by Terry Welscher



UU Values

As Unitarian Universalists, we draw from our heritages of freedom, reason, hope, and courage, building six values with Love at the center.

Inseparable from one another, these shared values are:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.



Offering Compassionate Presence

by Wendy Heckert, Ed.D.

How does one offer presence?

First, as you recognize another's suffering and your pull to ease it, pause and notice where you feel this compassion arise in your body. Also, see if you can recognize any feelings of discomfort in recognizing another's suffering. Becoming aware of our physical responses to suffering, our own and other's, will allow us to be more present. It is normal to feel triggered by another's suffering. If you want to be present for another, do not deny what is happening within you. You do not have to share this with the person you are trying to support, as your intent is to be there for them. You can bring a kind and loving awareness and reflect upon it more later- I am feeling tightness in my stomach. Let me breathe and focus on this person right now. Later, check in with yourself so not to deny your experience, but to deepen your awareness and compassion for yourself.

Second, listen to the person even if there is silence. Let them know they are not alone – I am here for you. You are not alone. What do you need? If the person does not know, then take their hand or offer a hug, or simply sit silently. I find imagining that I am breathing out loving-kindness from the center of my heart supports my offering of presence and supports any discomfort that may arise within me.

Offering compassion through our presence takes courage. It asks us to admit the truth that we cannot remove all suffering but we can hold it with tenderness. This nurtures connection sending the message that even in the midst of our suffering we are not alone and that we are worthy of love. We all have this capacity to offer compassionate presence. It is a practice worthy of our time.

excerpt from growingourvoice.com/2019/11/20/offering-compassionate-presence